Grandma Carter's Peanut Butter Fudge

DESSERTS

YIELD
13 × 9 in pan, ≈4 lb, 60 pieces

ACTIVE
15 min

TOTAL
≈2 h 15 min (incl. cooling)

PER SERVING
131 kcal · 42 mg Na · 2 g protein

EQUIPMENT
Large heavy pot, 5 qt+ · Probe thermometer · Cake pan, 13 × 9 in

#	INGREDIENT	MASS	VOLUME	PROCEDURE
1	Butter, salted*, for the pan*		a little	Butter the pan. Stir the jar of natural peanut butter very well, then measure it out with the marshmallows and keep them by the stove. Step 4 moves fast.
2	Granulated sugar	900 g	4½ cups	Put the sugar, butter and Milnot in the pot over medium-high heat, stirring until it comes to a rolling boil.
	Butter, salted	113 g	1 stick	
	Milnot	252 g	1 cup	
3				Keep stirring constantly at a rolling boil until it reaches soft ball stage, 235 °F (113 °C) on the probe thermometer, ≈5 min.
4	Peanut butter, Smucker's Natural	384 g	1½ cups	Take the pot off the heat. Add the peanut butter and marshmallows and stir until they melt and the mixture is smooth. Pour into the buttered pan right away.
	Mini marshmallows, Jet-Puffed	283 g	1 bag (10 oz)	
5				Let it cool at room temperature until firm, ≈2 h. Cut 6 × 10 into pieces.

NUTRITION	MASS	CALORIES	SODIUM MG	PROTEIN G
Granulated sugar	900 g	3,483	9	—
Butter, salted	113 g	810	727	1
Milnot	252 g	320	240	16
Peanut butter, Smucker's Natural	384 g	2,280	1,320	96
Mini marshmallows, Jet-Puffed	283 g	943	236	—
Total		**7,837**	**2,531**	**113**
Per serving (1/60)		**131**	**42**	**2**

Nutrition: USDA FoodData Central: SR Legacy (sugar, butter) and Branded Foods labels (Milnot, 2 tbsp = 30 mL = 40 kcal, 30 mg, 2 g; Smucker's Natural; Jet-Puffed Mini, 30 g = 100 kcal, 25 mg, 0 g). Butter for the pan not counted.

NOTES

- Milnot is canned evaporated filled milk. Regular evaporated milk works the same way, cup for cup.
- The card says "soft boil on candy thermometer", which means soft ball stage, and "1 small pkg small marshmallows", taken here as a 10 oz bag. "Large buttered pan or dish" is taken as 13 × 9.
- Natural peanut butter can set softer than the regular kind. If it's too soft to cut cleanly, chill it first.